

ACHILLES

★ A Strongfort Graduate Whose Amazing Feats Have Shaken the Theatrical and Athletic World to Its Foundations



ONE of the most brilliant stars in the Vaudeville firmament is the wonderman Achilles, now touring the United States as a Headliner on the Orpheum Circuit. On the right Achilles is shown in one of his characteristic natural poses. Observe how the muscles flow and ripple, beautiful in every flex, barely hinting at their master's monstrous strength. Note his extraordinarily beautiful balance of physique.

A Miracle of Might and Man-Power

To the average men and women who daily and nightly see Achilles perform his unearthly acts of strength and endurance there is something uncanny, almost frightening, in the thought of so much furious power being lodged in the physique of a single mortal man. He seems to them to be stronger than The Creator ever meant any human creature to be upon this earth.

Achilles would laugh at such a thought. He would reply that his strength is the natural state of mankind and that it is *Your* weakness which is unnatural, illogical and wrong. "Why be a weakling?" he would ask, "You Can be as strong as I!"

Achilles knows what it is to be commonplace, unimportant and physically incomplete. He was no dynamo of body-power when he came to me seeking after his birthright of full man-power. He got what he came for . . . became one of the strongest men in the history of the race . . . because he believed in the natural resources of his own body and mind and *He Believed in the Illimitable Powers of Strongfortism Operating by Natural Law to Make the Sick-Well and to Make Weaklings Strong, Vigorous and Sexually Complete.*

As the Editor Says

You absolutely must see Achilles. The other night I went to the State and Lake Theatre, Chicago, especially to see Achilles. Achilles is a pupil of the famous *Lionel Strongfort*, and is touring as a Strong Man in vaudeville. His show was great. You absolutely must see it. He juggled with big cannon balls and enormous shells. He did some tricks that I have never seen performed since the days of Paul Cinquevalli. When he died, it was said in his obituary that no other man had ever performed his feats, nor ever would. Achilles is doing them. He balances the enormous shell on the top of a long pole, then suddenly knocks the pole away, and allows the shell to drop on to the back of his neck. Contracting his marvelous muscles, he catches it without any injury, and then throws it on the stage. It certainly is a great and wonderful feat. In addition to this he juggles cannon balls, allows them to drop on the back of his neck, and walks up a ladder over a high trapeze, balancing an enormous weight, made up of cannon balls balanced on a long pole. *Lionel Strongfort*, who has directed Achilles' shows, has incorporated a brilliant idea. He has given Achilles a comedian as partner, who just keeps you roaring with laughter from beginning to end. On the whole, Achilles' show was one of the most enjoyable Strong Man shows I have ever seen, and I am sure the audience thought the same. To prove it, after his show was over, and the curtain was rung down, they clapped and clapped, and although preparations were already made for the next show, they recalled him again and again.—*Health and Life Magazine.*

Achilles Thanks Strongfortism

Chicago, November 23rd, 1923.

Dear Mr. Strongfort:—

With pleasure I testify to your wonderful methods in teaching Physical Culture. They have been the makings of me and enabled me to take up the pleasant work of professional life.

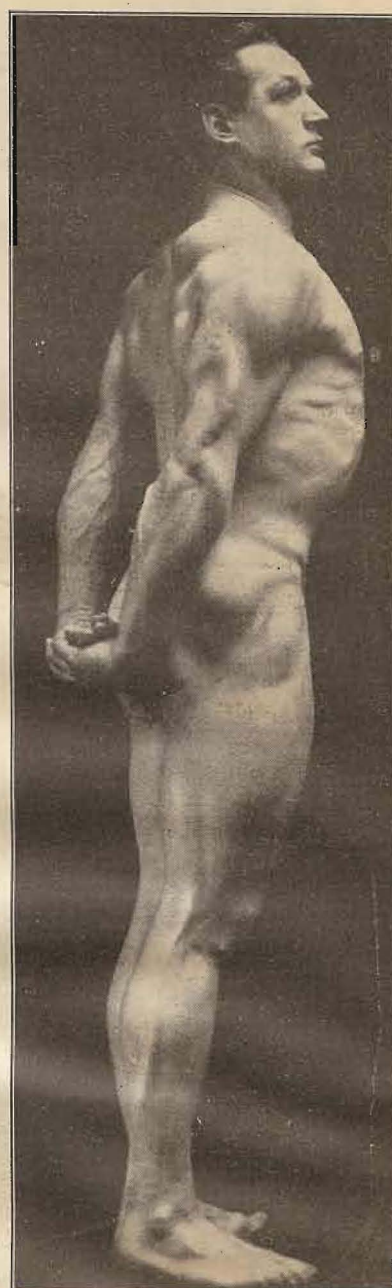
I am now touring the United States doing an act of feats of strength (which include Cannon Ball Juggling and Balancing and Catching on the Neck a Torpedo which is 10 inches in diameter and weight about 450 pounds) in Old Greek Pastimes, which is the name of my act.

Thanks to the strength, agility and endurance I acquired from Strongfortism my act is a great attraction in all the theatres in which I have performed and therefore very much in demand by the theatrical managers, who offer me large salaries for my act.

I Trust that You Will Make Full Use of My Photographs as Proof of what Strongfortism Has Done for Me.

Gratefully yours,
(Signed)

Achilles.



Achilles as he stands in the eyes of his Creator, clothed only in the garment of Strongfortism . . . a classic monument to the infinite possibilities of scientific body culture. (Below) Achilles as he looks to those who are behind him in the art of life. Photos by Bloom, Chicago.



ACHILLES in professional gladiator costume. Observe how beautifully those massive, terribly effective muscles conform to the highest aesthetic standards of perfect symmetry.

A Challenge to Your Manhood

These photographs of my pupil Achilles are not published to amuse you. They are reproduced as *Proof Positive* of what an average man can do through the natural means of *Strongfortism* to *Re-Create* his body into the likeness of a Greek god, with superlative strength, vitality and galvanic, overwhelming personality. If you are a man at heart, prove it as Achilles did. The first step is to mail the coupon for my amazing book of the body "*Promotion and Conservation of Health, Strength and Mental Energy.*" I'll contribute even the postage to help the good work along. No cost, no excuse for dilly-dallying. Now, Please!

Lionel
Strongfort
Dept. 1400
Newark, N. J.
U. S. A.

I feel I ought to have that body book of yours. Send it postpaid and without cost or obligation.

Name.....

Address.....

LIONEL STRONGFORT

Physical and Health Specialist
for 25 Years

Dept. 1400

Newark, N. J., U. S. A.



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